

## CARROTS, EGGS, AND COFFEE

Dr. Vanessa Dantzler Ussery | September 23, 2015

A very dear friend shared with me an email that delivered a powerful message. I thought it was worth sharing in an abbreviated fashion.







The story goes that a young woman was expressing her woes to her mother about how her life is. The mother takes carrots, eggs, and coffee and places each of them in their own pot of boiling water. The daughter is perplexed by this and asks of the mother what does that have to do with her circumstances. After each item boils in the water for about 20 minutes the mother then presents them to the daughter. She explains we can handle our life three different ways due to our circumstances. The carrots start out firm and end up soft after boiling; the eggs start of delicate but end up firm inside after boiling; the coffee changes the look of the water and provides a wonderful aroma. The common denominator is all three were in the same set of circumstances; they each boiled for twenty minutes in boiling water. The objective is our circumstances can change us from being too firm to soft wherein we welt under pressure; from delicate to hard wherein we go from too sensitive and become indifferent and bitter; or we can change the atmosphere and produce a sweet smell in the lives of others by how we respond to pressure.

I've been under pressure quite a bit lately; maybe you have too. I must admit there is a tendency to welt sometimes and at other times I can become hardened. It is really best if we decide to change our mind on how to deal with pressure and spend more time praising God and giving thanks while He handles our situation. This way we are providing a sweet smelling savor in His presence which will also smell good and be a better representation to those who are watching us. You may not like to drink coffee, but most agree it does smell good. Let's spread the aroma of coffee in the house, room, job, wherever we go!

Face it, as long as we are on this earth we will be placed in boiling hot water. So we may as well produce a good aroma out of it, wouldn't you say?

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