

Let's Talk CHANGE DEVOTIONALS



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HOLD YOUR HEAD UP

Dr. Vanessa Dantzer Ussery | April 22, 2015

*Refreshing Change** (This article was originally published August 30, 2011)

*"My head is high, GOD, held high; I'm looking to you, GOD; No hangdog skulking for me."
Psalm 25:1-2 (New Message Bible)*



We are given salvation from the Lord so we can enjoy our new status in life as the redeemed children of God. We are a royal priesthood according to the word of God.

I am not proud to say this, but as a young person, even though I was born again, I did not seem to understand that position in God. I would allow my mind to devalue me and would often feel insecure. The funny thing is, as an elementary age child I did not seem to have this low image of myself.

However, by the time I became a teenager my self- image was not very positive. Perhaps hormonal changes in this stage accounted for some of the problem, but not all of it. Looking back, maintaining a greater belief in what the Lord says about me would have made a difference. Although we need to avoid arrogance, we should not allow ourselves to walk with our heads held down in shame because we are in relationship with Jesus Christ. Instead, as God's redeemed ones, we should feel free to walk in confidence with our heads held high; trusting in God to orchestrate our lives.

Holding your head high while looking to God for direction is a change we should all embrace. What keeps your head from becoming too big is looking to God and not yourself or others how to live your life. Yes, some may not understand why you seem so confident so this is an opportunity to share with them that it's not a confidence sourced from man, but the source of your confidence is founded in the Lord. Let them know you have been changed and can no longer hold your head down in shame.

You Glorify God and speak to His redemptive work in your life when your head is held high and you're looking to Jesus who is the author and finisher of your faith!

**Intermittently, previous articles will be shared under the sub header, "Refreshing Change" for we learn in the spiritual and in the natural that change takes time; often requiring a "refresher course" that encourages us to continue the journey. Go, Grow, and Glow in change!*

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