

# Let's Talk CHANGE DEVOTIONALS



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## TODAY

Dr. Vanessa Dantzer Ussery | March 29, 2017

*This is the day the Lord has made; We will rejoice and be glad in it. Psalm 118:24 (NKJV)*

Today is a new day. Although there are many days remaining in the year, it's vital that we focus on TODAY! As I think back over my past Todays, I ponder on how those days were handled. Sure, I had it in my mind to serve God every day. However, being truthful some of those days were not handled as well as others. Each 'today' comes with a gamut of choices on how to respond to what each day unfolds. Some days I failed to begin it with the right frame of mind, and on some of those off days I am not proud of the choices I made in coping with the unpleasant things that came my way. Today, I asked myself a question, "What will I do with today?" The scripture above popped immediately to mind. If we can always remember our 'today' was made by the Lord, then we may be off to a good start.



First, prepping our mind with this fact should lay the foundation for how we respond to what 'today' brings. Think about it, when we attribute the day's existence to the creator God, and if we are in relationship with Him as our Father, then it should bring a sense of calm if 'today' brings in a wave. It should remind us that He's aware of what the day contains, since He is omniscient (all-knowing).

Second, we will rejoice because our heart has been prepared to face the day so we praise Him for steering the course of today as He sees fit. That means the highs and lows of 'today' should not be such an emotional controller as is the truth of Him being in control of the course.

Third, we can be glad in 'today' and maintain a sense of peace in the midst of our highs and lows because our frame of mind is not centered on the waves that toss us or the good times we have, but we are centered on the Master of the Sea, Jesus! He made the day, so we rejoice always. Our desire to rejoice in 'today' is not governed by the circumstances we face. Allowing circumstances to govern our frame of thinking prevents us from being glad in 'today.' Yes, 'today' may bring some unpleasant news, or an unpleasant experience, and it will affect our human emotion. Let's change our response by springing back from the issue/concern/event remembering God made the day and knew what would happen. We can rejoice and be glad in the midst of it because His mercy endures forever and we have been given new mercies 'today' which come with sufficient grace to cope with 'today.'

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