

# Let's Talk CHANGE DEVOTIONALS



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## A BLESSED LIFE

Dr. Vanessa Dantzer Ussery | November 8, 2017

Everyone wants to be blessed. Primarily people associate a blessed life with an abundance of material things (houses, cars and money). Many also consider good health as part of a blessed life. God's word seems to associate a blessed life with how one handles their relationship with Him. In other words, walking upright, undefiled and blameless before God constitutes a blessed life. One whose lifestyle agrees with God has a blessed life. He promised to take care of our needs and instructs us not to worry about what to wear, what to eat, etc. Our focus should be on what we do, what we say, and what we think. A blessed person chases after the Lord, inquires of the Lord and craves the Lord with all they have within them.



In truth, a blessed life is worry free, anxiety free, and stress free because the focus is not on the visible things but the invisible ONE, our Lord. This is not how we tend to live our life. Our capacity to trust God determines how blessed our life really is. It is not based on having a job, having money, having a new car, or owning a home, or even being famous. Our world hurls distractions at us because the prince of this world, Satan, knows how to keep us fretful, agitated, overly concerned, desponded, discouraged, defeated, and the list goes on. That is the opposite of a blessed life. We live our lives like the frantic disciples on stormy sea which tossed their boat and Jesus was resting. See the contrast? Jesus was blessed, he was relaxed and getting some good sleep during the storm. The disciples were stressing.

Psalms 119:1 says, "Blessed (Happy, fortunate, to be envied) are the undefiled (the upright, truly sincere, and blameless) in the way (of the revealed will of God), who walk (order their conduct and conversation) in the law of the Lord (the whole of God's revealed will). I woke up on November 5 and this song was turning over in my mind: "Give it to me I'll bear it, Give it to me I'll share it; if there's a need in your life I will take it if you only give to me." What's the point of the song? Our Father wants us to have a blessed life, restful, calm in our spirit, trusting Him, focused on His strength and power to deliver and handle things.

Join me in our daily commitment to living a blessed life as we walk pleasing to God by trusting Him wholeheartedly!

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