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LIFE AFTER 50

"I beseech you, therefore...by the mercies of God that you present your bodies a living sacrifice which is your reasonable service." Romans 12:1 (NKJV)

It is rewarding and a blessing from the Lord to have long life. There is a larger group of over 50's in our country today. God's word records we may receive three score and ten (70 years old) and today many reach four score (80 years old) and beyond. You may have noted we attend birthday parties for friends and loved ones reaching 90 years old and there's a small group that live to be 100+ years of age. Reaching these age milestones should be celebrated. It shows appreciation to the Lord for granting us life when we celebrate it.

"Age gracefully" is an expression I would often hear my mother say as I grew up. She would state that if you are pleasant and maintain a good attitude when you are young you are more likely to be that way as you age. Often people as they age appear grumpy and irritable. She felt one could avoid that if you practice being kind, friendly and smile before you become older. It is expected that as we age we gain wisdom and become better equipped on how to use our experience in living to improve our character and decision making skills. The scripture above refers to how we operate before God as a yielded vessel. When we age, yielding to God as a living sacrifice does not happen because of our age. It is imperative we remember that sin is in our members and we must remain yielded to the leading of the Holy Spirit in our lives to yield our members to God. Sometimes we believe our age gives us privileges we really don't have and they are sinful mindsets that disrupt our spiritual development. As long as we are breathing we are being spiritually developed by God and we need support and insight.

A dear friend of mine has written a great book on this subject and I recommend it to you. It's titled, "Reflections on the Upsides of Aging" by Dr. Helen Mendes Love. Check it out!!!

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