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## **LIFE IS FLEETING, SO LIVE WITH PURPOSE**

*"Lord make me to know my end, and what is the measure of my days, that I may know how frail I am. Indeed, You have made my days as handbreadths, and my age is nothing before You. Certainly every man at his best state is but vapor." Psalms 39:4-5, NKJV*

I praise the Lord for giving my mother the privilege of living 80 years. Our family celebrated her life and we really do thank the Lord for allowing her to be with us. It could have been a different story as Monday before her birthday she was in a car accident and someone rear-ended her vehicle while she was busy assisting one of her children who needed her support. I am so grateful the accident did not result in tragedy and am glad the Lord allowed me to be in town wherein I could oversee her care.

Although God's grace spared her life, she is feeling a lot of pain in her body and, of course, at her age one does not spring back as quickly. This has made me think just how fleeting life really is and has brought to remembrance the unexpected death of my late husband in 2004. Her accident reminded me in a vivid way that we just don't know how a day will start or end. Age is a number that is viewed by people in different ways, but it's interesting how the scripture states that no matter what age we are, it's nothing before the Lord. Think about it, at our best our life is but a vapor. That's saying it's so fleeting it is as thin as air.

Every day we all should live our life with meaning and purpose. We should love everyone we can, help someone if possible, and above all let our life glorify the Lord. We all get our breath one at a time from God and none of us should take it lightly. Be sure you tell your family you love them every morning and every night. If you need to forgive someone then do it now. Smile more often and share that smile with others more. We don't know when our life ends, so live each day like it's your last.

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*Residing in Fort Worth, TX, Dr. Vanessa Dantzler Ussery is the former Senior Pastor of Home Assembly Church in Los Angeles and currently serves as its Chief Executive Officer. She is also the founder of "Celebrate Change Ministries" and the author of "My Be Attitude: Who Be You?", which is available online in softcover or eBook at [MyBeAttitude.org](http://MyBeAttitude.org), Xulon Press, Amazon and Barnes & Noble. Dr. Ussery is available for national speaking engagements, empowerment seminars, and lectures.*

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