

Let's Talk CHANGE DEVOTIONALS



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POSITIVE GROWTH

Dr. Vanessa Dantzer Ussery | October 10, 2018



I think back to an occasion wherein I visited a senior active living community to get a sense of what that type of living could be like. It was really a beautiful place, with a diversity of recreational activities that range from outdoor golf and tennis to indoor fitness, swimming, spa/sauna, arts and crafts. There were walking paths throughout with a wonderful view and landscaping to enjoy. It is preferred that the residents be 50+ to live there. My husband and I really had an enjoyable visit and it made me think about how my life is changing. It's quite amazing to see one's life shift from extremely busy to extremely slow. The drastic change was not what I really expected. However, it appears this is the change God has ordained for me.

I daily spend time reading the word and communicating in prayer with the Lord. I spend time grocery shopping at least twice a week, each morning I prepare breakfast for my husband before he goes to work, and weekly doing laundry and house chores. This is a real change for me as I have become a housewife. You may read this and say, "So what, sounds pretty normal to me." It is far from my norm. The real point I wish to share is, our lives can make such extreme changes that it can be mind boggling. It could cause you to wonder, what is the objective or purpose for what God is allowing to happen? Granted my situation is not earth-shaking, but it is mind-shaking. Perhaps you've had a mind-shaking change in your life or know someone who feels that way.

Bottom Line: Everyone has to experience change in their life. The objective is to respond to the change wherein the Holy Spirit is able to produce within us the growth needed for our spiritual development. It is important to experience positive growth. It doesn't mean we understand all the intricacies of our spiritual development. However, we must not allow our carnal mind to weave negative thinking to hinder positive growth. The reality that God has our best interest at heart is essential to positive growth, even when the change seems mind-shaking. There are many hidden things in our heart that we are not aware of, but God sees it all. Evidently, life's changes that boggle our mind produce a long-term outcome that serves God's purpose. He knows it will result in developing in us what it takes to be like Him. Thank you, Jesus for positive growth!

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