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SIMPLY TRUSTING

"God, I'm not trying to rule the roost. I don't want to be king of the mountain. I haven't meddled where I have no business or fantasized grandiose plans. I've kept my feet on the ground. I've cultivated a quiet heart. Like a baby content in its mother's arms my soul is a baby content. Wait, Israel, for God. Wait with hope. Hope now; hope always!" Psalm 131 (Message Bible)

The Psalmist had achieved a great spiritual success in his life to be able to write these words. I dare say for many of us this is where we would like to be, but haven't made it quite there on a consistent basis.

The writer starts off on a doable platform of not trying to be bigger than life. Then the shift comes after he admits *I've kept my feet on the ground*. Hmm...*I've cultivated a quiet heart*...that is a big piece to digest. Then he compounds how reachable this is when he indicates he has a baby like contentment. Wow! I confess I'm still working on this one. I'm not giving up or giving in to defeat. And neither should you.

It is my goal to trust the Lord the same way a baby trusts its mom. Each opportunity in life where I must exercise simply trusting in the Lord I find my knee jerk response is to have a noisy heart and a restless spirit of being overly concerned. This isn't you, well, I'm really glad to hear that. Pray for me because I get to the trust point after the noise and the discontentment settles down. There's been improvement as the noisy heart and feelings of discontent do not last as long. I'm sometimes like the baby in the mother's arms who is crying and a bit fussy because he/she doesn't want to settle down and relax in her arms and rest. Some baby's are a too busy to fall asleep or relax in their mother's arms; they want to stand up, look around and see what's going on. When you sit them down, they fuss as they feel they cannot control their environment.

Wait...wait with hope...hope now...hope always. I will continue to journey with the Lord and **cultivate** a quiet heart to become a content baby in Jesus' arms on a consistent basis. What about you?

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