

Let's Talk CHANGE DEVOTIONALS



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SWEET ATTITUDE

Dr. Vanessa Dantzer Ussery | September 6, 2017

It's a wonderful thing to know one has been filled with the Holy Spirit. It means we have the sweet fragrance of the Spirit of Christ dwelling within to lead and guide our lives as we are being shaped into His image and after His likeness. Many times my attitude does not reflect that sweetness. Too often I am intolerant of others, impatient with my family, and its reflected in my voice tone and body language. Too many times I have had to apologize for having a sharp tongue instead of a loving word when called upon by family to assist them. Sometimes the pressure of taking care of my disabled family takes a toll on my attitude.



That's my confession. Daily I ask the Lord to sweeten my attitude so I reflect the fact that I am filled with His Spirit. When I go to the store to buy peaches I want them to taste sweet. Naturally sweet fruit is always tasty. It's important that when people experience being in the presence of a child of God they experience the sweetness of His Spirit in us. Galatians 5:22-23 says, *"But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, meekness, self-control, against such there is no law."* The ingredients of the fruit of Spirit provide one with a sweet attitude. I can see where there is need for improvement on a daily basis. Although I pray daily for a sweet attitude, things happen that test me. There has been an improvement and there's still room for growth. Do you need the Lord to help you maintain a "sweet attitude?" Confess it and present yourself to Him as a living sacrifice and He will develop you on a daily basis to reflect His divine nature.

I drink teas of all kinds. Most of them require adding sugar to make them sweet. Starbucks has a Chai tea that does not require any sugar added as the tea combined with the spices make it taste sweet. When we are combined with the Spirit of God actively working in our life, it produces a natural sweetness that reflects Christ lives within. Avoid adding your touch of sweet to the mix and just stick with what His Spirit provides. This way you and I are guaranteed to produce a "Sweet Attitude."

Residing in Los Angeles, CA, Dr. Vanessa Dantzer Ussery is the Emeritus Pastor of Home Assembly Church in Los Angeles, is the founder of "Celebrate Change Ministries" and the author of "My Be Attitude: Who Be You?", which is available online in softcover or eBook at MyBeAttitude.org, Xulon Press, Amazon and Barnes & Noble. Dr. Ussery is available for national speaking engagements, empowerment seminars, and lectures. For more information, CelebrateChange.org | Info@CelebrateChange.org | 310-436-6336 x216.

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